

MULINO MARINO – Buckwheat flour



INGREDIENTS:

Italian organic buckwheat flour.

Obtained by grinding with natural stone mills.

It contains traces of gluten, soy and mustard.

USE:

Suitable for the preparation of crepes, pasta (e.g. pizzoccheri), polenta, wraps.

AVERAGE NUTRITIONAL VALUES FOR 100 g

Energy	1464 Kj – 346 Kcal	Carbohydrate, total	65,0 g
Fat, total	2,9 g	Sugar	2,8 g
Saturated fat	0,6 g	Protein	12,0 g
		Sodium	0,04 g

Keep in a cold and dry place, away from sources of heat and humidity.

PACKAGING:

Bag of 1 kg